



BREAKFAST  
9AM – 11.30AM

## JUICES

Apple, Beetroot, Carrot, Ginger 389 kcal	6.5
Passion Fruit, Apple, Ginger 271 kcal	7
Cucumber, Kale, Apple, Lemon 194 kcal	7
Fresh Orange Juice 234 kcal	5.5
Apple Juice 255 kcal	4.5

## BAKERY

Home Baked Croissant 302 kcal	3.5
Pain Au Chocolat 296 kcal	3.5

## FRUIT & GRAINS

Seasonal Fruit Plate 229 kcal	7.5
Scottish Oat Porridge 758 kcal bananas, berries & honey	6
Vegan Scottish Oat Porridge (vg) 743 kcal oat milk, bananas, berries & maple syrup	7
Granola 937 kcal natural yoghurt, fruit compote & honey	6
Vegan Granola (vg) 1199 kcal coconut yoghurt, fruit compote & maple syrup	8



## TEA & COFFEE

Espresso 64 kcal, Macchiato 153 kcal	3.5
Ristretto 64 kcal	
Double Espresso 64 kcal, Americano 120 kcal	4
Latte 268 kcal, Cappuccino 262 kcal	4.25
Flat White 269 kcal	
Mocha, Hot Chocolate 385 kcal	5
Teas By Brew Tea Co	4.5
English Breakfast, Earl Grey, Fresh Mint, Green, Lemon & Ginger	

Blueberry Muffin 357 kcal	4
Toast & Jam	4
White bread 585 kcal	
Brown bread 557 kcal	

## BIG PLATES

Avocado Sourdough Toast (vg) rocket salad, tomato & Habanero salsa 644 kcal	13
English Garden Breakfast (v) 1207 kcal avocado, halloumi, 2 poached eggs, beans, mushrooms, toasted sourdough	16
Bluebird's Full English 1253 kcal 2 poached eggs, bacon, sausage, black pudding, beans, tomato, mushrooms, toasted sourdough	16

## EGGS

Eggs Benedict 784 kcal poached eggs, English muffin, hollandaise, ham	13.5
Florentine 661 kcal poached eggs, English muffin, hollandaise, spinach	14
Royale 775 kcal poached eggs, English muffin, hollandaise, salmon	15.5

Eggs Any Style 429 kcal rare breed eggs, toasted sourdough	7
Loch Fyne Smoked Salmon 542 kcal Burford brown scrambled eggs, toasted sourdough	15
Bacon or Sausage Brioche Roll 749 kcal /671 kcal fried egg, bacon, or Cumberland sausage,	9



Should you have any allergies or intolerances, please advise your server who will be happy to discuss them with you. Please note that whilst we minimise the risk of cross-contamination, we handle allergenic ingredients throughout our kitchens and cannot guarantee any allergen-free dishes. Our vegan dishes are made to vegan recipes but may not be suitable for guests with milk or egg allergies.

Adults need around 2000 kcal a day. 13.5% service charge will be added to your bill. Prices include VAT.

