



BREAKFAST
9AM – 11.30AM



JUICES

Apple, Beetroot, Carrot, Ginger 389 kcal	7
Passion Fruit, Apple, Ginger 271 kcal	7
Cucumber, Kale, Apple, Lemon 194 kcal	7
Fresh Orange Juice 234 kcal	5.5
Apple Juice 255 kcal	4.5

BAKERY

Home Baked Croissant 302 kcal	4
Pain Au Chocolat 296 kcal	4

FRUIT & GRAINS

Seasonal Fruit Plate 229 kcal	8.5
Scottish Oat Porridge 812 kcal choice of banana, berries, or honey	5.5
Vegan Scottish Oat Porridge (vg) 743 kcal oat milk, choice of banana, berries, or maple syrup	7
Granola 653 kcal natural yoghurt, fruit compote or honey	5.5
Vegan Granola (vg) 1258 kcal choice of coconut or soya yoghurt fruit compote or maple syrup	7

BIG PLATES

Bluebird's Full English 16.5 choice of fried, scrambled, or poached eggs, bacon, sausage, black pudding, beans, tomato & mushroom white toast 1601 kcal brown toast 1607 kcal	
Avocado Sourdough Toast (vg) 11 spinach, green tomato, onions, chili salsa 644 kcal	
English Garden Breakfast (v) 16 avocado, halloumi, fried, scrambled, or poached eggs, beans, mushroom white toast 990 kcal brown toast 995 kcal	

TEA & COFFEE

Espresso, Macchiato, Ristretto 65 kcal	3.25
Double Espresso, Americano 65 kcal	3.95
Latte, Cappuccino, Flat White 269 kcal	3.95
Mocha, Hot Chocolate 385 kcal	4
Teas By Brew Tea Co English Breakfast, Earl Grey, Fresh Mint, Green, Lemon & Ginger	All 3.75

Blueberry Muffin 357 kcal	4
Toast & Jam 3.5 White bread 585 kcal Brown bread 557 kcal	

EGGS

Eggs Any Style 429 kcal rare breed eggs, toasted sourdough 318 kcal	6.5
Eggs Benedict 854 kcal	11
Florentine 742 kcal	11
Royale 878 kcal	13
Loch Fyne Smoked Salmon 596 kcal Burford brown scrambled eggs, toast	14
Bacon 749 kcal or Sausage Brioche Bap 671 kcal fried egg, bacon or Cumberland sausage, spicy tomato, ketchup or brown sauce 772 kcal	9

EXTRAS

Sausage 478 kcal - 5
Extra Egg 218 kcal - 1.75
Avocado 310 kcal - 4.5
Streaky Bacon 542 kcal - 4.5
Slow Roasted Tomato 21 kcal - 3.5
Smoked Salmon 207 kcal - 4.75
Mushrooms 202 kcal - 3.5
Black Pudding 333 kcal - 4.5
Halloumi 417 kcal - 4.5

